

Early Intervention

versus

Outpatient Therapy

Early Intervention

- Individualized goals
- Child must qualify for services via evaluation
- Takes place in the home
- Focused on parent coaching
- ‘Bagless’ model: using what is in the home
- Provides services for children 0-3 years old
- Professionals can co-treat
- Child can be paired with different profession/specialist
 - *Specific professional/discipline is provided upon availability*
- Government funded

Remember: some kids will get early intervention and outpatient therapy at the same time!



Outpatient Therapy

- Individualized goals
- Child must qualify for services via evaluation
- Takes place in a clinic
- A mix of parent coaching and 1 on 1 intervention
- Many resources available in the clinic
 - Toys, games, and equipment
- Provides services for children 0-18 years old
- Always 1 professional to 1 child
 - *Opportunities for social interactions and interdisciplinary collaboration*
- Child is guaranteed to be paired with recommended professional/discipline
 - *Often increased specialization*
- Covered by Insurance*
 - **Not all clinics accept insurances and not all insurance plans cover specialized services.*

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