

2023-2024 Games & Activity List Occupational Therapy



Compiled by Stacey Szklut MS, OTR/L & South Shore Therapies Staff

Children learn through play and active exploration. The suggestions below may be helpful in choosing appropriate toys for holidays and other special times. They include sensory based activities to provide organizing sensation and encourage the development of body awareness, as well as games to promote eye-hand coordination, visual perception and planning. Approximate ages or skill levels have been given to help guide your choices. Many items can be purchased at toy stores or through the catalogues listed. Ask your occupational therapist for help in deciding which games or toys are the best choices for your child.

Games to Develop Coordination, Problem Solving & Visual Perception:

Younger Ages (3-6 years)

- Acorn Soup
- Ants in the Pants
- Avalanche Fruit Stand
- Busytown (by Richard Scarry)
- Cat in the Hat I Can Do That!
- Charades for Kids
- Cootie
- Crocodile Hop
- Don't Break the Ice
- Don't Spill the Beans
- Dream Cakes
- Elefun
- Disney Princess Enchanted Cupcake Party Game
- Fastrack
- Feed the Woozle
- Frankie's Food Truck Fiasco
- Gobblet Gobblers
- Gumball Grab (Lakeshore)
- Honey Bee Tree
- Hungry Hungry Hippos (or Dino Edition)
- I Spy Bingo and Memory Games
- Jumping Jack
- Loopin' Louie
- Matching Eggs
- Melissa and Doug Sequencing Set
- Monkeying Around
- Mr. Mouth
- Noodle Knockout
- Pancake Pile-Up
- Pop the Pig
- Pop up Pirate
- Q-Bitz Jr
- Shelby's Snack Shack
- Silly Street
- Skippity
- Sneaky Snacky Squirrel
- Smart Snacks Shape Sorting Cupcakes
- Spot It Jr
- Sturdy Birdy
- Tall Stacker Pegs Building Set (Lauri)
- Thin Ice
- Very Hungry Caterpillar Game
- Zimbbos

Older Kids (7 and up)

- Acuity
- Battleship
- Blokus
- Bounce Off
- Burger Mania
- Code Names
- Connect Four
- Connectors Mission Space
- Cranium Cadoo
- Cubeez
- Dr. Playwell's Learning Self Control in School
- Go Go Gelato
- Guess Who
- IQ Fit/IQ Twist
- Jenga
- Kanoodle
- Kerplunk / Tumble
- Labyrinth Game (Ravensburger)
- Laser Maze / Laser Maze Jr.
- Mastermind
- Operation
- Perfection
- Pictureka!
- Q-Bitz
- Qwirkle
- Robot Face Race
- Roller Coaster Challenge
- Rush Hour / Rush Hour Jr
- Set Jr. / Set
- Sequence
- Shadows in the Forest (Thinkfun)
- Shape by Shape (Thinkfun)
- Simon
- Slamwich
- Spot it!
- Swish!
- Taco vs. Burrito Card Game
- Tangramino (FoxMind)
- Ticket to Ride: First Journey
- Topple
- Visual Brainstorms



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For Sensory Motor Development and Coordination:

Provides Organizing Sensory Input

- Ball Pit
- Blo-pens
- Body Sox
- Bop/Kick Bag
- Breathe With Me Barbie Doll
- Chewy Tubes and Chewelry
- Crash Pads / Hot Dog Cuddler (Fun & Function / Southpaw)
- Cuddle Loop
- Doorway Swing (Amazon)
- Kinetic Sand/Floof/Playfoam
- Fidgets: Pop Its, Pop Tubes, Tangle, Inside Out Balls
- Foof Chair / Large Beanbag / Yogibo
- Gorilla Gym
- Gymnic Rody Horse
- Jigglers (Talk Tools)
- Huggle Pod (Hearthsong)
- Jump-o-lene
- KaBlocks Blast (Mindware)
- Magical Mixing Science Kit
- Massagers for Kids
- My First Trampoline
- Play parachute
- Play Tents
- Quaddro Construction
- Rocking Horse / Spring Horse
- Sand Digger
- Scooter Boards
- Socker Boppers
- Step-A-Logs, Hedgehog Balance Pods, Carpet Markers
- 2 in 1 Musical Jump & Toss
- Teeter Popper
- Triangle Climber with Ramp
- Ultimate Fort Builder (Lakeshore Learning)
- Water Beads / Orbeez
- Weighted Wearables / Blankets (Fun & Function)
- Whistles / Bubble Blowers
- Yoga Dice Game / Yoga Spinner Game (ThinkFun)

More Skilled Coordination Needed

- Air Pogo Jumper
- Balance Bike
- Balance Jousting Set (Hearthsong)
- Bilibo Seat
- Bungee Jumper
- Bucket Stilts / Balance Stilts
- Disc Swing
- Door Pong
- Easy Outdoor Space Dome Climber
- Figure Eight Balance Beam Set
- Flying Turtle / Roller Racer
- Hippity Hop Ball
- Hop Scotch Ring Game
- Inflatable Hop 'n Go Horses/Unicorns (HearthSong)
- Jump Ropes
- Radio Flyer Cyclone
- Lightning Pedal Go-Kart / Sirocco Pedal Go-Kart
- Monkey Balance Board / Spooner Board
- Moon Bounce Shoes / Bouncy Jumping Shoes (HearthSong)
- Ninja Obstacle Course
- Plasma Car
- Pogo Stick
- Razor Scooters
- Roll With It (Hearthsong)
- Rope Ladder
- Sit & Spin
- Skip It
- Slackline (Beginners is suggested for most of our kids)
- Sleds & Snow Tubes / Fold and Stow Snow Scooter
- Child's Inflatable Punching Bag
- Sumo Bumper Bopper
- Target Net (Soccer, Floor Hockey, etc.)
- The Floor is Lava Game
- Twister
- Free Wheelin' Walkabout (Young Explorers)
- Zip Line Fun / Night Riderz Zipline





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Activities that Develop Eye-Hand Coordination and Visual-Spatial Planning:

Visual Control / Eye-Hand Coordination

- Air Hockey Table
- Fishing in the Tub (Alex)
- Beamo Flying Disc
- Bounce-Off
- Bucket Blast Game Set
- Deluxe Archery Set with Target
- Dilly Dally Turtle Target Game
- Egg and Spoon Race Game Set
- Flip Flop Faces (Discovery Toys)
- Geospace Pop and Catch
- Giant Bowling Game
- Glow-in-the-Dark Air Target Game (HearthSong)
- Hopscotch Mat
- Kids Croquet
- Ladder Toss / Ladder Golf
- Nerf Basketball
- Ogosport / Mini Ogodisks
- Remote Control Cars and Toys
- Ring Toss Game / Rubber Horseshoes
- Safety Dart Board
- Shufflezone
- Sky Spin (Discovery Toys)
- Spikeball
- Super Swingball
- Suspend Game
- Toss Across / Bean Bag Toss Games
- Trapp Ball
- Zoom Ball

Constructional Creating & Building Activities

- Block Buddies
- Design & Drill Activity Center
- Equilibrio Game
- Flower Garden Building Toy
- Gearjits (Mindware)
- Georello
- Gravity Maze
- I Can Build It! Vehicle Set (Lakeshore Learning)
- iTrax Critical Thinking Game
- K'nex / Legos / Duplos / Quatro Bucket
- Light Stax
- Lincoln Logs
- Magz Construction Set / Magnatiles
- Mosaic Creations Magnetic Designer
- Make N' Break Challenge
- Marble Run
- Perler Beads / Fuse Beads
- Potholder Loom Kit
- Remote Control Gear-Bot (Lakeshore Learning)
- Rainbow Loom
- Straw Constructor Building Toys
- Tangoes
- Snap-Bots / Snap Dinos
- Snap Circuits
- Squigz
- Take Apart Dino Toys
- Zip Track (Discovery Toys)
- Zoob



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Activities To Support Fine Motor Development and Writing:

Pre-Writing Skills (Ages 3-5)

- Adventure Car Racetrack
- Aquadoodle Mats and Pens
- Art Kits (crayons, crayon rocks, paints, etc.) / Easels
- Basic Skills Puzzle Board (Melissa & Doug)
- Big Feelings Pineapple
- Block Sets
- Buckle Toy Bentley Caterpillar
- Button Art (Alex Toys)
- Colorforms Big Wall Playset
- Create and Design Drill Kit (Lakeshore Learning)
- Crayola Color Explosion
- Glow Board
- Dot Art / Dot Markers
- Dressing Dolls
- Froggy Feeding Fun
- Lacing Cards
- Learn the Alphabet! Dough Mats (Lakeshore Learning)
- Lite Brite
- Magnetic Drawing Board
- Magnetic Pattern Block Set
- My Tissue Art (Alex)
- Pig Popper
- Playdoh / Silly Putty / Theraputty
- Pop Beads
- Ready, Set, Cut (Alex)
- Scratch Magic / Scratch Art
- Squeeze and Brush Painters
- Squiggle Writer Pen
- Squigz
- Tape Activity Books (Melissa & Doug)
- Velcro Cutting Foods
- Water Wow
- Willy's Wiggly Web
- Wipe Clean Pen Control Books
- Zoo Sticks / Fish Sticks / Farm Sticks(Tongs)

Drawing & Writing (Ages 6 and up)

- Arts & Crafts Projects
- Boogie Board Magic Sketch
- Callirobics (handwriting exercises set to music)
- Colorblock Chalkboard Build-A-Fort Kit (HearthSong)
- ChalkScapes Roll-Up Chalk Mat
- ChalkScapes Mandalas Sidewalk Stencils Chart Art Kit
- Color Pops: Color Your Own Pillow (Hearthsong)
- Crazy Aaron's Thinking Putty with Emotions
- Doodle Dice
- Doodle Coloring Books
- Easy Tie Shoelaces (Dual Colored)
- Etch-a-Sketch
- Geoboards
- Get the Picture Dot-to-Dot Race
- Knot a Quilt Kit
- Kwik Stix
- Latch Kits
- Learn to Write Practice Books (Lakeshore Learning)
- Letter Treasure Hunt
- Maze/Dot to Dot/Mad Lib Books
- Peel & Stick Collage Boards
- Pictionary
- Puzzlemania (Highlights Magazine)
- Scissor Skills Activity Pad (Melissa & Doug)
- Scratch and Sketch Activity Books
- Sequin Art
- Shrinky Dinks
- Spin Art
- Spirograph
- Stained Glass Coloring Book
- Suncatcher Kit
- Wikki Stix Activity Set
- Window Art
- Window Decorating Paints/ Window Markers



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Below is a list of local toy stores that carry many of the toys on this list and allow you the opportunity to see the toys before purchasing and support local businesses. Many items can also be purchased through the catalogues cited. When an item is not readily found through a google search the maker or catalog name is listed after it.

Local Stores:

- | | | | |
|--|----------------|---|----------------------------|
| • An Unlikely Story (Plainville) | (508) 699-0244 | - | anunlikelystory.com |
| • Buttonwood Books and Toys (Cohasset) | (781) 383-2665 | - | buttonwoodbooksandtoys.com |
| • Harbor Light Toy Company (Scituate) | (781) 544-4468 | - | harborlighttoys.com |
| • Henry Bear's Park (Dedham) | (781) 326-7222 | - | henrybear.com |
| • Lakeshore Learning (Newton) | (800) 778-4456 | - | lakeshorelearning.com |
| • Park Street Books & Toys (Medfield) | (508)-242-3083 | - | parkstreetbooks.com |
| • Rock Paper Scissors (Duxbury) | (781) 452-7376 | - | rockpaperscissorsdux.com |
| • The Toy Box (Hanover) | (781) 826-3750 | - | thetoyboxhanover.com |

Catalogs:

- Beyond Play (877) 428-1244 beyondplay.com
- Constructive Playthings (800) 448-4115 constructiveplaythings.com/
- Discovery Toys (800) 341-8697 discoverytoys.net/shop-now/
- Fun and Function (800) 231-6329 funandfunction.com/
- Hearth Song (800) 325-2502 hearthsong.com
- Highlights (800) 422-6202 highlights.com
- Mindware (800) 999-0398 mindware.com
- Southpaw Enterprises (800) 228-1698 southpaw.com/
- Therapro (800) 257-5376 theraproducts.com
- Young Explorers (800) 239-7577 YoungExplorers.com